



Hello and welcome to our first Patient Newsletter as **Foundry Healthcare Lewes**. It has been quite some time since our last newsletter as we have been so very busy working on amalgamating the three surgeries which is quite a mammoth task!. However we are very pleased to announce that we are now officially a **Primary Care Network** (more on that in the article below) and our GP Partners have now joined into one partnership. We will continue to provide our services from the four sites as usual within your usual continuing care teams of Doctors and Nurses until such times as the new building planned in The North Street Quarter is ready for us to move in to. Demolition has started since the development was given the "go ahead" at the Lewes Cabinet meeting in June 2019 but unfortunately progress is slow. However as a result of this collaboration we are now able to offer much more flexibility and availability of appointments from Monday to Saturday for certain services provided by your Practice Nurse team at any of the three Lewes sites. We also have a late surgery every Wednesday evening at one of the three sites for ear syringing and cervical smear tests. When you phone your surgery for an appointment the receptionist will let you know what is available and at which site so you may choose the most convenient.

What is a Primary Care Network?

A primary care network consists of groups of general practices working together with a range of local providers across primary care, community services, social care and the voluntary sector, to offer more personalised, coordinated health and social care to the local population. Primary care services provide the first point of contact in the healthcare system, acting as the 'front door' of the NHS. We will be working alongside paramedics, clinical pharmacists, social prescribers and physician's assistants to deliver a holistic approach to healthcare, with a strong focus on prevention and personalised care.

What Is Our Aim?

We will use data and technology to assess population health needs and health inequalities; to inform, design and deliver practice and populations scale care models; support clinical decision making, and monitor performance and variation to inform continuous service improvement .

We will make sure that we are making the best use of collective resources across practices and other local health and care providers to allow greater resilience, more sustainable workload and access to a larger range of professional groups.

The Green Hub

From **Monday 2nd September 2019** we are running a pilot based at River Lodge Surgery for patients who need contact with a GP on the same day that they phone for an appointment. Please note the receptionist will ask you for a brief explanation to ensure your call is dealt with by the most appropriate service. You may be signposted to the local pharmacy or our Practice Pharmacist for advice or The Minor Injuries Department at Lewes Victoria Hospital. Those patients allocated to the Green Hub will receive a telephone call from one of the triaging Doctors from any of the three Lewes surgeries. If that GP decides the patient needs to be seen they will make an appointment with a GP or our Paramedic at **RIVER LODGE SURGERY**.

This pilot does not affect patients requiring contact with their usual GP or a member of their team for ongoing or non-urgent conditions. Those appointments will continue to be made at your usual Surgery.

PRESCRIPTION ALERT :

PLEASE NOTE WE REQUIRE THREE WORKING DAYS
NOTICE TO PROCESS PRESCRIPTION REQUESTS





We are currently in the process of recruiting a Clinical Pharmacist to join the Foundry Team

What does that mean for you?

Practice-based pharmacists work as part of the general practice team to resolve day-to-day medicine issues and consult with and treat patients directly.

This includes providing extra help to manage long-term conditions, advice for those affected by polypharmacy and better access to health checks. Having a pharmacist in GP practices means your GPs can focus their skills where they are most needed, for example on diagnosing and treating patients with complex conditions.

Our Practice Pharmacist will

- Work closely with GPs to resolve day to day medicines issues
- Manage and prescribe for long-term conditions in clinics sometimes in conjunction with practice nurses or GPs
- Triage and manage common ailments
- Respond to acute medicine requests
- Review some patients on complex medication regimens
- Signpost patients to appropriate services and other healthcare professionals (e.g., community pharmacists)
- They may hold their own Special Interest clinics e.g. A Headache Clinic

We will soon be recruiting another Social Prescriber for Foundry Healthcare Lewes

The Health Secretary, Matt Hancock, has recently stated the importance of prevention and Social Prescribing: Social prescribing is to “become the norm for GPs

Recognising that people’s health is determined primarily by a range of social, economic and environmental factors, **social prescribing** seeks to address people’s needs in a holistic way and support individuals to take greater control of their own health.

Social Prescribing is a means of enabling GPs, nurses and other primary care professionals to refer people to a range of local, non-clinical services, typically provided by community sector organisations.

We have already VERY successfully employed our first Social Prescriber : Julie Barnett provides an excellent service for our Patients with Dementia and their carers. She is able to deliver support and advice and most importantly a link between the patient and the many community and voluntary services available.

We plan to employ a second Social Prescriber in the very near future.

Landport Community Garden, Lewes

A safe and inclusive space.

Responsive and adaptive to individual needs. Work at your own pace in a relaxed supportive environment.

Share seasonal produce. Mondays: 12 noon-4pm (all ages)

Wednesdays: 11am-3pm (adults only)

Thursdays: 4-6pm (kids only-seasonal)

Behind blue door, Landport Farmhouse, Hayward Road, Landport, Lewes, BN7 2TE

**Call Marina Pepper 07597272508
marinapepper@gmail.com**

***Lewes House Garden
Help to renovate and revive a beautiful old garden in the heart of the town.***

A new project, led by Common Cause, in collaboration with Foundry Healthcare Lewes. Qualified Garden Leaders will lead sessions intended to form part of a therapeutic response to physical, mental or emotional challenges. Gentle exercise at your own pace and contact with nature has been shown to have profound impacts. Tea break and toilet facilities all refurbished by Mears Ltd

**For more information email
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